

Claims

What is claimed is:

- 1 1. A composition, comprising: aspirin, magnesium, and nattokinase, and either niacin or
2 nitroglycerine, said composition having a structural form that is suitable for being introduced into
3 a body of a person.

- 1 2. The composition of claim 1, wherein the composition is adapted to be introduced into the body
2 of the person for mitigating adverse effects of an imminent or actually-occurring pernicious
3 thrombotic event in the person.

- 1 3. The composition of claim 2, wherein the pernicious thrombotic event in the person is a heart
2 attack or stroke in the person.

- 1 4. The composition of claim 1, wherein the aspirin, magnesium, nattokinase, and niacin or
2 nitroglycerine each have a therapeutically effective amount for mitigating adverse effects of an
3 imminent or actually-occurring pernicious thrombotic event in the person.

- 1 5. The composition of claim 4, wherein the pernicious thrombotic event in the person is a heart
2 attack or stroke in the person.

- 1 6. The composition of claim 1, wherein the structural form is a chewable form, and wherein the
2 chewable form is adapted to being introduced into the mouth of the person.
- 1 7. The composition of claim 6, wherein the chewable form comprises a wafer or a chewable
2 tablet.
- 1 8. The composition of claim 6, wherein the structural form is a dissolvable form, and wherein the
2 dissolvable form is adapted to being introduced into the mouth of the person.
- 1 9. The composition of claim 1, wherein the structural form is a liquid form.
- 1 10. The composition of claim 1, wherein the structural form is a spray form, and wherein the
2 spray form is adapted to being introduced into the nasal cavity of the person.
- 1 11. The composition of claim 1, wherein the structural form is a suppository form, and wherein
2 the suppository form is adapted to being introduced into the anal cavity of the person.
- 1 12. The composition of claim 1, wherein the composition comprises niacin.
- 1 13. The composition of claim 12, wherein the aspirin has an amount in a range of 650 to 975 mg,
2 wherein the magnesium has an amount in a range of 300 to 3000 mg, wherein the nattokinase has

3 an amount in a range of 150 to 3000 mg, and wherein the niacin has an amount in a range of 500
4 to 3000 mg.

1 14. The composition of claim 12, further comprising L-carnitine.

1 15. The composition of claim 14, wherein the aspirin has an amount in a range of 650 to 975 mg,
2 wherein the magnesium has an amount in a range of 300 to 3000 mg, wherein the nattokinase has
3 an amount in a range of 150 to 3000 mg, wherein the niacin has an amount in a range of 500 to
4 3000 mg, and wherein the L-carnitine has an amount in a range of 2000 to 9000 mg.

1 16. The composition of claim 14, further comprising alpha lipoic acid.

1 17. The composition of claim 16, wherein the aspirin has an amount in a range of 650 to 975 mg,
2 wherein the magnesium has an amount in a range of 300 to 3000 mg, wherein the nattokinase has
3 an amount in a range of 150 to 3000 mg, wherein the niacin has an amount in a range of 500 to
4 3000 mg, wherein the L-carnitine has an amount in a range of 2000 to 9000 mg, and wherein the
5 alpha lipoic acid has an amount in a range of 200 to 10000 mg.

1 18. The composition of claim 16, further comprising L-arginine.

1 19. The composition of claim 18, wherein the aspirin has an amount in a range of 650 to 975 mg,

2 wherein the magnesium has an amount in a range of 300 to 3000 mg, wherein the nattokinase has
3 an amount in a range of 150 to 3000 mg, wherein the niacin has an amount in a range of 500 to
4 3000 mg, wherein the L-carnitine has an amount in a range of 2000 to 9000 mg, wherein the
5 alpha lipoic acid has an amount in a range of 200 to 10000 mg, and wherein the L-arginine has an
6 amount in a range of 2000 to 12000 mg.

1 20. The composition of claim 18, further comprising coenzyme Q10.

1 21. The composition of claim 20, wherein the aspirin has an amount in a range of 650 to 975 mg,
2 wherein the magnesium has an amount in a range of 300 to 3000 mg, wherein the nattokinase has
3 an amount in a range of 150 to 3000 mg, wherein the niacin has an amount in a range of 500 to
4 3000 mg, wherein the L-carnitine has an amount in a range of 2000 to 9000 mg, wherein the
5 alpha lipoic acid has an amount in a range of 200 to 10000 mg, wherein the L-arginine has an
6 amount in a range of 2000 to 12000 mg, and wherein the coenzyme Q10 has an amount in a
7 range of 300 to 6000 mg.

1 22. The composition of claim 1, wherein the composition comprises nitroglycerine.

1 23. The composition of claim 22, wherein the aspirin has an amount in a range of 650 to 975 mg,
2 wherein the magnesium has an amount in a range of 300 to 3000 mg, wherein the nattokinase has
3 an amount in a range of 150 to 3000 mg, and wherein the nitroglycerine has an amount in a range

4 of 0.4 to 2.5 mg.

1 24. The composition of claim 22, further comprising L-carnitine.

1 25. The composition of claim 24, wherein the aspirin has an amount in a range of 650 to 975 mg,
2 wherein the magnesium has an amount in a range of 300 to 3000 mg, wherein the nattokinase has
3 an amount in a range of 150 to 3000 mg, wherein the nitroglycerine has an amount in a range of
4 0.4 to 2.5 mg, and wherein the L-carnitine has an amount in a range of 2000 to 9000 mg.

1 26. The composition of claim 24, further comprising alpha lipoic acid.

1 27. The composition of claim 26, wherein the aspirin has an amount in a range of 650 to 975 mg,
2 wherein the magnesium has an amount in a range of 300 to 3000 mg, wherein the nattokinase has
3 an amount in a range of 150 to 3000 mg, wherein the nitroglycerine has an amount in a range of
4 0.4 to 2.5 mg, wherein the L-carnitine has an amount in a range of 2000 to 9000 mg, and wherein
5 the alpha lipoic acid has an amount in a range of 200 to 10000 mg.

1 28. The composition of claim 26, further comprising L-arginine.

1 29. The composition of claim 28, wherein the aspirin has an amount in a range of 650 to 975 mg,
2 wherein the magnesium has an amount in a range of 300 to 3000 mg, wherein the nattokinase has

an amount in a range of 150 to 3000 mg, wherein the nitroglycerine has an amount in a range of 0.4 to 2.5 mg, wherein the L-carnitine has an amount in a range of 2000 to 9000 mg, wherein the alpha lipoic acid has an amount in a range of 200 to 10000 mg, and wherein the L-arginine has an amount in a range of 2000 to 12000 mg.

30. The composition of claim 28, further comprising coenzyme Q10.

31. The composition of claim 30, wherein the aspirin has an amount in a range of 650 to 975 mg, wherein the magnesium has an amount in a range of 300 to 3000 mg, wherein the nattokinase has an amount in a range of 150 to 3000 mg, wherein the nitroglycerine has an amount in a range of 0.4 to 2.5 mg, wherein the L-carnitine has an amount in a range of 2000 to 9000 mg, wherein the alpha lipoic acid has an amount in a range of 200 to 10000 mg, and wherein the L-arginine has an amount in a range of 2000 to 12000 mg, and wherein the coenzyme Q10 has an amount in a range of 300 to 6000 mg.